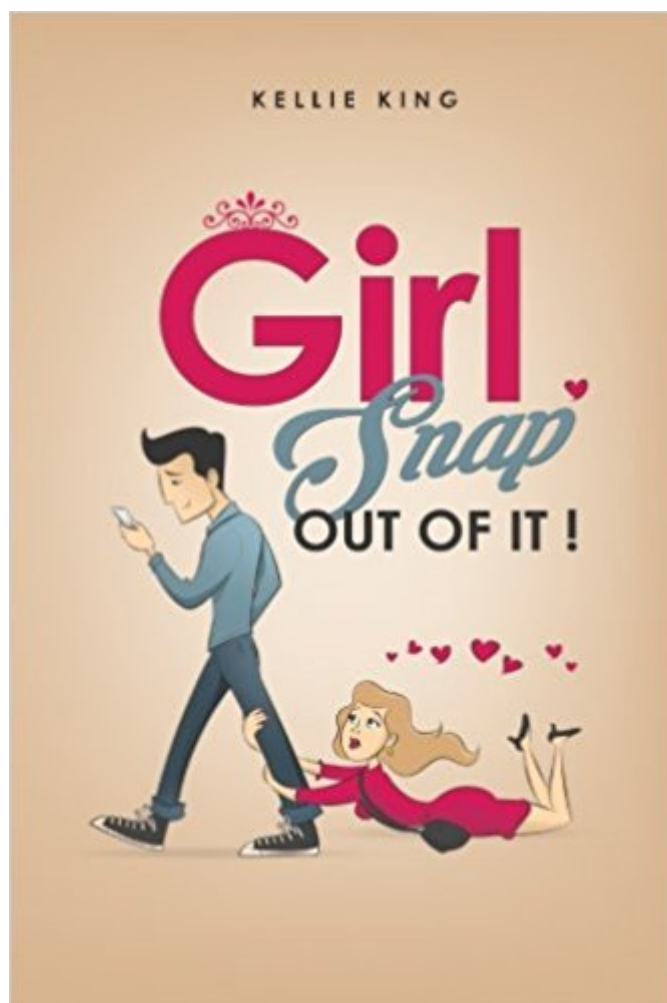


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# Girl, Snap Out Of It!: Stop The Relationship Madness!



## Synopsis

Are you tired of feeling like a doormat in your relationships? Have you become a bit pitiful in the man department? It's time to stop acting pathetic and get your sassy self back! Kellie King's *Girl, Snap Out Of It* offers a straight talking no-nonsense, often hilarious guide to getting your confidence back after or during a frustrating, soul-sucking relationship. This book is not about getting your man to want you, although oftentimes when you take your power and self worth back, your dead end relationship will transform. Nobody respects a "yes girl" or a doormat. So let's lighten up, have some fun, and learn how to snap out of it! *Girl, Snap Out of it* will give you answers to frustrating questions like: - How do I stop obsessing over him and get my confidence back? - Is he not committing because of something I'm doing? - What happened to the strong, independent girl I used to be? Here's what people are saying about *Girl, Snap Out Of It*! ... " King offers a brilliant, empathetic, and hilarious guide to snapping out of the relationship dark place. Her unique ability to turn boyfriend woes into hysterical stories breathes fresh air into a timeless topic. King is completely relatable and self-deprecating, and she will have readers finally feeling like they are not alone. She is your fearless docent out of that crazy place and into the world of relationship self-confidence. You'll be laughing out loud while reading some seriously solid advice." - Dr. Michelle Ward Ph.D. " If you are in a relationship and making excuses for yourself and your guy, this is a must read." - Dr. Shannon Conner " This book and Kellie King personally changed my life. They reminded me to respect myself and focus on my own life, which is easier said than done when you are feeling dispirited from a frustrating relationship. Kellie has found a way to use humor and real life examples to get even the most pathetic-acting girl to snap out of it and start loving her life again." -Kristen Porter, CEO Skyline Charter

## Book Information

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## Customer Reviews

GIRL, SNAP OUT OF IT by Kellie King is a must-read for any woman who is interested in having a solid, loving, happy, healthy and drama-free relationship with a stable man who is honest, sincere in his behavior, responsible, accountable and takes actions when it comes to nurturing his loverâ€™s heart....I love this bookâ€™s directness. Mrs. King doesnâ€™t mess around. When it comes to giving counsel as a relationship coach, sheâ€™s an upfront kind of woman. I appreciate her approach. Having done my own research on relationship books, I have found one particular authorâ€™s research to be very intriguing and works 100% in my life â€“ Dr. John Grayâ€™s books, especially VENUS ON FIRE, MARS ON ICE. What I love about GIRL, SNAP OUT OF IT is that it brings Dr. Grayâ€™s work to life. His book is based on scientific research on the brain and hormones. Kingâ€™s work is based on years of personal (and oftentimes, painful) experience, growth, personal development, acquiring wisdom the hard way and studying the women in her life. Honestly, I could have used this book in my life in my 20s when I was dating. I married my husband right when I was about to turn 29. Fortunately, I figured things out myself the hard way and I landed myself an amazing husband whom Iâ€™ve managed to keep happy so far for 14 years. I could tell you though that I spent my 20s doing a lot of the No-Nos that King discusses in her book. Boy, could I have saved myself a ton of trouble had I the amazing, straight-forward, no-nonsense advice in GIRL, SNAP OUT OF IT. Even in my early years as a married woman, the soundness from a wise â€œolder sisterâ€• King would have prevented so many useless arguments in my marriage. I was not free from drama at the time. It was not always loving.

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